

Director's Dialogue By: Sarah Crane-Simpson,
 Director of Special Education, Far West Zone

Wraparound Classroom Update!

The Lifeways Day Treatment Program classroom in Pendleton is up and going full speed this school year! We are at full capacity serving 12 students. Collaboration between Lifeways and ESD staff makes learning and skill-building successful for every child. The classroom environment is calmed, routinely, orderly, and happy.

Along with the normal math and reading on the academic side, we have added a new elective period. During the period, students have been building Popsicle stick communities in a geography unit and experimenting with magnets and electricity, thanks to the ESD science kits. Technology is coming on strong as well; the students are working on PowerPoint presentations so that they are engaged in writing. In addition, for part of their math instruction, they are working on individualized math programs called IXL. We are excited about the progress and look forward to continued success and positive collaboration with Lifeways!

Umatilla County Wraparound Support 2012-2013

Mission: To deliver collaborative integrated services to Umatilla County families and their children/youth with complex behavioral health needs who require targeted and intensive interventions.

Collaborative Structures in a System of Care

There are three levels of structural support of Wraparound: the Wraparound Teams that Report Barriers; Operations, who Collects/Interprets/Resolves Barriers; and Governance who act as the Barrier Busters. Community agency leads participate at each level of the structure, working collaboratively to ensure service needs are implemented and met.

Tier 1 and 2 Support

InterMountain ESD, partnering with county agencies, works with the Umatilla County schools to create an expanded continuum of care within the school setting. Integration of care includes hands-on student support and cross-training of staff to improve behavioral health and educational issues for at-risk students.

CARE Coordinators

CARE Coordinators serve the schools through the Umatilla County CARE Program. The CARE Program assists families with basic needs such as housing, clothing, or food, and facilitates access to community support services.

Tier 3 Support

Lifeways Day Treatment Program

The Lifeways Day Treatment Program offers a therapeutic classroom environment that addresses the needs of emotionally and behaviorally challenged students age 8 to 14. Trained staff members build upon the strengths of each child/ family to provide the least restrictive environment for the student.

There are currently 10 children served in the therapeutic classroom.

Intensive Children's Treatment Services

Children exhibiting significant mental health needs can receive services through the Intensive Children's Treatment Services (ICTS) program. Using Community Resource Teams, all agencies

and individuals important to the child and child's family come together regularly to coordinate plans and treatment. This approach produces better outcomes and maintains the child's connection to the community and those important to them.

There are currently 82 children served through ICTS.

Hi-Facilitation (Hi-Fi) Wraparound

Hi-Fi implements Wraparound processes with the highest degree of fidelity possible and provides greater access to the processes for children not OHP eligible. Wraparound Facilitators are provided in-kind from IMESD and Umatilla-Morrow Head Start.

There are currently 3 children (families) served through Hi-Fi Wraparound.

Tier 3 Committee

The Tier 3 Committee is comprised of representatives from education, law enforcement, Department of Human Services, and mental health. The Tier 3 Committee's purpose includes review of referrals for Hi-Fi and the Day Treatment Classroom, as well as reviewing complex cases or system barriers and acting as Residential Determination Committee.



Umatilla Morrow Parenting Education Collaborative

Family Development Resources, Inc.

Nurturing Parenting

Three Day Seminar

Conducted by Stephen J. Bavolek, Ph.D.

Principal Author, Nurturing Parenting Programs® and Adult-Adolescent Parenting Inventory (AAPI-2)

Hermiston, Oregon • February 26-28, 2013

In three days, participants will learn:

- The philosophy of Nurturing Parenting
- The five parenting constructs of abuse/neglect
- The impact of maltreatment on brain development
- How to assess high risk parenting beliefs
- To tailor make programs based on family's needs
- To gather process evaluation data
- To evaluate pre-post program impact
- To implement home, group program models

The Nurturing Parenting Programs meet and exceed the Six Protective Factors identified by the U.S. Government for the prevention and treatment of Child Abuse and Neglect.

Learn how to implement competency based Nurturing Programs to meet the specific parenting needs of families.

Visit us at: nurturingparenting.com

SEMINAR DESCRIPTION

The three day seminar will focus on understanding the philosophy of nurturing parenting, assessing high risk parenting beliefs and environments, creating competency based parenting lessons and programs tailored to meet the individual parenting needs of families, and implementing programs at the primary, secondary and tertiary levels of prevention. Participants will also learn how to monitor the success of families through on-going process evaluation strategies designed to measure the attainment of parenting knowledge and skills.

Participants will experience hands on approach to implementing Home Based, Group Based and a combination Home-Based/Group-Based program models, learn how to administer and score the online versions of the Adult-Adolescent Parenting Inventory (AAPI-2) and the Nurturing Skills Competency Scales (NSCS), and how to select the best Nurturing Program model for your agency.



SEMINAR DETAILS

Dates: February 26-28, 2013

Location: Hermiston Conference Center
415 S Hwy 395
Hermiston 97838

Times: 8:30 to 9:00 sign-in (first day only)
9:00 to 4:00 training with one hour break for lunch (on your own)

Sponsor: Umatilla Morrow Head Start Inc.
– Oregon Parent Education Collaborative

To Register: Contact Starla Halverson
Umatilla Morrow Head Start/CCR&R
541.564.6878 -- 1.800.559.5878 -- Fax 541.564.6879
shalvers@umchs.org

Each workshop participant will receive a Facilitator Training Workbook, additional Workshop Training Handouts, a Lesson Outline and Program Schedule, a summary document of Multicultural Parenting Beliefs and Practices, a 10% Discount Coupon on the purchase of materials, and a Marketing CD to help promote the program your community. Each participant also receives a Certificate acknowledging Facilitator Training in the Nurturing Programs.

- Registration is free for Umatilla & Morrow County Oregon Parent Education Collaborative (OPEC) partners.
- Registration fee for participants from outside Umatilla or Morrow Counties will be \$250. Please include a check made out to UMCHS with the application(s).
- Registration Deadline: **February 11, 2012**

Sharing Makes Us Stronger

In many troubling situations, just talking about what is going on can help make us feel better. Going through the process of having your child diagnosed is an emotional roller coaster! Many people find that writing your experiences down is very helpful in dealing with the stress. Whether you use a pen and paper, word processor, video, computer blog, etc. you will feel more at ease with the road ahead. You can choose to keep your story private, or share it with others who may be searching for people in a similar situation. Visit "Special Needs Families Connect" on Facebook to read some stories people have shared about their experiences.



Upcoming Events and Important Dates

December 12, 10:00 - 11:00 am • Webinar
Sleepless in America: Is This Child Misbehaving or Missing Sleep? A special webinar with Mary Sheedy Kercinka

For registration and more information, please visit the following website: <http://www.ncfr.org/events/free-webinars-early-learning>
 Cost: Free

Do you wonder why some children refuse to cooperate in the morning? Do you dread the constant bickering and fights with peers and siblings? Are the kids getting into trouble for not listening or lacking focus? Is it a battle every time you ask them to complete a task - any task? Are they "losing it" over seemingly insignificant issues? It's estimated that 69 percent of American children are literally screaming for more sleep, and yet are too wired to get it. The impact is significant. Research demonstrates that a mere 41 minutes of sleep deprivation begins to diminish children's reasoning skills. Lack of sleep is also related to behavior problems, health issues and lack of impulse control. Unfortunately, behaviors that result from sleep deprivation are often misidentified as misbehaviors.

December 17, 6:30 - 8:30 pm • Hermiston Head Start
Setting Boundaries & Limits

Call to Register: Jessi at 541-564-6878 or jedwards@umchs.org
 Cost: \$5

Children are so busy...join this session to explore the foundation to communicating boundaries with children, setting limits, and some options to try with common behavior problems using materials from the Incredible Years Curriculum.

December 18, 1:30 - 4:00 pm • County Courthouse
 216 S. 4th St., Commissioner's Conference Room 114, Pendleton

Children in the Middle - Pendleton

Register by contacting the local Circuit Court

The Children in the Middle co-parenting class focuses on how families can meet the needs of children growing up between two homes. Oregon law requires that parties to any action which involves the issues of child custody or visitation must attend a court-approved course about the effects of divorce on children. These classes are designed to help minimize the negative impact of divorce on children and educate parents about the needs of children whose parents are divorcing.

This class is inappropriate for children to attend and childcare is NOT provided.

January 8, 2013, 6:00 - 8:00 pm • Umatilla Head Start
Opening Doors

Call to Register: Mary Lou at 541-564-6878

Deadline: January 15

Cost: Free

This evidence-based parent leadership program is designed primarily for parents of newborns to children up to 5 years old. The interactive curriculum focuses on cultural values, key strengths, and experiences of families.

Child Care provided.

Governance Committee Members

Member	Agency	Contact Information
Mary Apple	InterMountain ESD Assistant Superintendent	mary.apple@imesd.k12.or.us 541-966-3129
Kevin Campbell	GOBHI Chief Executive Officer	Kevin.campbell@gobhi.net 541-298-2101/ cell 541-490-3263
Connie Caplinger	Umatilla County Commissioners Executive Assistant	ccaplinger@co.umatilla.or.us 541-278-6293
Barbara Ceniga	Pioneer Relief Nursery Director	Ceniga2004@msn.com 541-215-1018
Mike Gregory	Lifeways Clinical Operations Manager	mgregory@lifeways.org 541-276-6207
Dolores Jimerson	Yellowhawk Tribal Health Center	doloresjimerson@yellowhawk.org 541-278-7528
Joanne Mabbott	Hermiston School District Special Programs Director	joanne.mabbott@hermiston.k12.or.us 541-667-6000
Mark Mulvihill, Chair	InterMountain ESD Superintendent	Mark.mulvihill@imesd.k12.or.us 541-571-5704
Linda Olson	Department of Human Services Regional Manager	Linda.olson@state.or.us
Jon Peterson	Pendleton School District Superintendent	jon.peterson@pendleton.k12.or.us
Stuart Roberts	Pendleton Police Chief	Stuart.roberts@ci.pendleton.or.us
Cathy Wamsley	Head Start Executive Director	cwamsley@umchs.org
TBD	Developmental Disabilities	

Umatilla County Wraparound Program is sponsored by: InterMountain Education Service District
 2001 SW Nye | Pendleton, OR 97801 | Phone: 541.276.6616 | Fax: 541.276.4252
 Email: comm4kids@imesd.k12.or.us

serving children & families with complex emotional needs

